

The importance of home visits by nurses for cancer patients.

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ABSTRACT

This study addresses the importance of the nurse's presence during home visits to cancer patients, aiming to offer extra-hospital care to clients who have already been hospitalized, showing how much this professional ends up being a member of this family.

Thus, a literature review was conducted, using qualitative, descriptive, and exploratory research. It was observed that the greatest difficulty lies in getting this client to seek a better quality of life and for this professional to understand how much assistance contributes to the integration and continuity of the proposed and performed actions.

Keywords: Nurse; Home Visit; Cancer Patients.

ABSTRACT

This study addresses the importance of nurses' presence during home visits to cancer patients, aiming to provide out-of-hospital care to patients who have already been hospitalized, demonstrating how these professionals become part of the family. Therefore, a literature review was conducted, using qualitative, descriptive, and exploratory research. The greatest challenge is ensuring these patients seek a better quality of life and ensuring that these professionals understand the extent to which care is provided by the integration and continuity of the proposed and performed actions.

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1 INTRODUCTION

The choice of theme was built up throughout my student career. where I saw the interest awaken in issues related to nursing home visits to People with cancer.

Murard and Katz (1996) describe cancer as a tumor that infiltrates through the It breaks through the barriers of normal tissue to adjacent structures, and then metastasizes. to distant organs and tissues.

In the last decade, major technological advances have given rise to new... knowledge gained and provided a new perspective on molecular biology. Carcinogenesis was Viewed in three stages: initiation, promotion, and progression. (MENDONÇA AND TEIXEIRA, 1998)

Neoplastic diseases consume a considerable amount of Brazil's resources annually. In the world, expenses related to public and private healthcare are incurred as a result. Furthermore...

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of presenting a high social and ethical cost to the individual, who often loses their social rights, becoming subject to family abandonment, incapacitated from the point of view of work, where their citizenship may be denied, hindering their attempt and achievement. psychosocial.

Considering that primary care encompasses a set of actions of an individual or collective nature, and the Unified Health System (SUS) addresses universality as a principle, comprehensiveness and equity, aiming for assistance that involves the family and home care, They led me to consider the possibility of studying the importance of conducting the visit. Home visits for cancer patients.

In this sense, it is interesting to work with the concept of quality of life, which means the a person's perception of their position in life in relation to the goals they have set for themselves. herself, (LOYOLA, 1998)

In short, we could say that quality means essence, perfection in building something. Desirable, and of course, the intensity with which we achieve the goal.

Home visits will fulfill the role of offering extra-hospital care to clients who already...

They were hospitalized, helping them to improve their individual and collective capabilities.

Based on these considerations, I formulated the following guiding question: what is the importance of Is a nurse authorized to conduct a home visit?

With this in mind, I established the following objectives: to identify the home visit as a tool for nursing care; describe the consequences of the home visit aimed at Establishing the well-being of the cancer patient and their family.

This study aims to contribute to a reflection by nursing professionals regarding Care provided to the patient in the post-hospital discharge period through home visits.

This study will seek to demonstrate the importance of psychosocial rehabilitation in the life of the individual and how much nursing is a partner during this process, taking into account that the Rehabilitation is done with the user, not for the user. (SARACENO, 1999)

Another opportunity that will arise from this study will be teamwork. multidisciplinary, where it is clear that the nurse alone is not capable of solving all the incidents that occur at home.

However, I hope that this study can stimulate professionals interested in the area of oncology, primarily related to home visits.

2 DEVELOPMENT

Home-based healthcare is being recognized as a major strategy for...

work in the community, allowing for more effective interaction with the team, since

It allows for better interaction with the reality experienced.

The care provided at home allows the nurse to discuss with the patient and

other family members, the best care strategy adapting to the reality experienced.

According to Mattos (1995, p. 35), *"the home visit is the set of health actions*

"Aimed at providing educational and assistance services, carried out in the client's home."

It is through them that one can observe the environmental and physical conditions in which the user and

Your family meets up.

The nurse plays a fundamental role in the family health strategy, because in addition to

In addition to working in health programming and assistance, he is also responsible for monitoring and

supervision of work, as well as the training and ongoing education of technicians

Nursing and community health workers. The Ministry of Health defines responsibilities.

specific duties of the family health strategy nurse, according to ordinance no. 648

March 2006, (Annex I)

"...to provide comprehensive care (health promotion and protection, prevention of illnesses,

diagnosis, treatment, rehabilitation and maintenance of health) for individuals and families in

family health unit and, when indicated or necessary, at home and/or in other locations.

Community spaces, throughout all stages of human development;

..., conduct nursing consultations, order complementary exams, and prescribe

Medications according to protocols;

to plan, manage, coordinate and evaluate the actions developed by community agents of

health; supervise, coordinate and carry out continuing education activities for agents

community health workers and nursing staff,"

For the implementation phase, the nurse should always present an approach

informal/professional, cultivating courtesy, maintaining clear language, listening to what the

The family and the user have something to say, avoiding taking notes during the home visit, as this may...

inhibiting the interviewee or even hindering observations of the environment. Thus, the nurse

Those who work within the family health strategy will be contributing to the construction of the principle of equity proposed by the Unified Health System (SUS).

SENNA (2002) highlights that the home visit strategy, combined with monitoring of

Families in the coverage areas are being helped to meet the need for intensive support for families.

who often live in crisis situations (sick parents, unemployment, illegal activities and others). These factors can make families unable to provide even the minimum necessary support. Take care of the family member who is in need.

According to OREM (2001), nursing practice, planning, and evaluation are divided into Four steps. The fourth step refers to: "...*case management: this is the phase to control and direct. and to verify the execution of the process and evaluate the results.*"

In this way, the nurse is considered to be able to view the user as a whole and making the necessary decisions to maintain self-care, aiming for your well-being, when carrying out For home visits, this professional must have scientific and technological knowledge. associated with the ability to observe, communicate and identify the patient's feelings. and the family, in light of the current situation.

Based on this decision-making process, GOLDIM (2001) refers to the fact that the patient The oncological patient is in a situation of medium involvement, when the process is shared by the professional and the people involved in the situation, but not having loss of professional authority.

Based on this classification, it becomes clear that the client and/or caregivers can give their opinion. Regarding a specific type of care, however, the nurse who is knowledgeable about the reality, equipped with technical skills, mastering the experiences gained throughout Throughout your career, you will decide what the best course of action will be based on clinical judgment. Managing care means working the nursing process intelligently, for the sake of satisfaction. The user's perspective and its implementation should follow three important points used in... administration, as discussed by CHIAVENATO (2000) and MARQUES AND HUSTAM (1999) that

they are:

"The effectiveness with which the nurses and caregivers involved deliver care as needed."

Customer needs;

Efficiency is achieved when the nurse meets the expectations of clients and caregivers;

Adaptability in maintaining effectiveness, through process flexibility.

"Nursing care focuses on meeting future expectations regarding changes in the client's clinical status."

Given the above, the management of care at home should involve the participation of caregivers, and success depends on the nurse's ability to plan.

and organize your actions.

Another point, when conducting a home visit to an oncology patient, is that the nurse must have Knowledge of oncology, pharmacology, and techniques for symptom relief and comfort.

DOERNER (1995) says that: *"the objective of nursing in oncology is to seek to promote and ensure a sense of well-being for the patient, from a physical point of view, psychological, social and/or spiritual."*

The main role is to teach and guide the client and/or caregiver on ways to achieve quality of life. life, not in the sense of a cure, but rather of regaining health and being able to live a fulfilling life. in the time he has left to live.

But what is Quality of Life? What does it mean to have Quality of Life? What is Quality?

What is life?

"Quality of life is an individual's perception of their position in life, within the context of culture." and the value systems in which he lives and in relation to his goals, expectations, standards and concerns" (VERSION..., 1998, no. 1).

Health should be seen as a resource for life, not as an objective of living.

In this sense, health is a positive concept that emphasizes social and personal resources, as well as physical capabilities. Thus, health promotion is not the sole responsibility of the sector.

health, and it goes beyond a healthy lifestyle, towards overall well-being.

(BRAZIL..., 2001, p.19).

According to VASCONCELOS (2002), *"well-being is an essential desire for human beings, The purpose pursued throughout the history of our species, man has always sought... "Improve your way of life."*

Therefore, having quality of life is related to the way each person constructs their world.

choosing different ways to live, with the use of creativity being fundamental, the

their participatory power in matters that concern them, and autonomy in decision-making.

decisions, always seeking to establish a relationship between the individual and the collective.

(CHIAVENATO, 2000).

According to Patrício (1999), life is a network of interactions, where human beings constantly interact with others and with their surrounding environment. It is a movement that expresses

energy, values, beliefs. In the holistic ecological view, life represents a network of

interactions, from the innermost of our moving microcosm to the most distant of

The universe. Life is constructed throughout its existence through the interactions of different

Dimensions and patterns. Ultimately, always seeking to value life, the human being.

properly speaking, in the awareness, in the journey, in the construction of a world in

so that people can be happier and more fulfilled.



3 - FINAL CONSIDERATIONS

Participating in the care of oncology patients is a very difficult situation due to... chronicity of the disease causing consequences such as pain, discomfort, uncertainty about the future, changes in lifestyle habits.

The nurse who works in home visits to cancer patients must keep in mind the role

The important role that this professional plays in the life of the cancer patient and their family is due to the importance of the role they play. from the interdisciplinary team that has the most contact with the client and family, allowing them to receive support. the difficulties caused by the process of becoming ill, leading this professional to Keep it updated to convey confidence and security to this clientele and provide a better well-being.

Based on the analysis of this study, the nursing professional should develop the Systematizing the management of nursing care during home visits, optimizing the... time used, material and personal resources, promoting professional interaction and I cater to the client's clinic needs.

I share the idea of setting goals and planning the activities carried out. meeting the needs of this client, always seeking innovation in quality. Assistance provided to cancer patients.

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